



725 W. 75TH STREET DARIEN, IL 60561

Psalm 46:10 "Be still, and know that I am God!"

Lenten greetings members and friends of Lord of Life Lutheran Church,

As we enter the season of Lent, we are reminded of the significance of this time in our faith journey. Lent is a time of reflection, repentance, and renewal. This year, we will be focusing on how we can use this time to deepen our commitment to building meaningful relationships and engage in transformative practices that reflect the love of God in our community and world.

During this Lenten season, we will be exploring the theme of "Slowing Down and Being Mindful." We will be reflecting on the ways in which we can cultivate stillness and mindfulness in our lives, allowing us to deepen our connection with God and one another. We will also be celebrating the contributions of women throughout history, and reflecting on how we can continue to work towards gender equality and justice.

In addition to our regular Sunday worship services, we will be holding midweek services on Wednesdays at 7 pm. These Holden services will be contemplative and reflective, providing an opportunity for us to slow down and connect with God in the midst of our busy lives.



As we journey through this season of Lent together, I encourage you to take time to be present in the moment, and to appreciate the contributions of women throughout history and in our lives today. Consider what practices you might take on or let go of during this time in order to cultivate stillness and mindfulness, and to deepen your relationship with God and your connection with others.

May this season of Lent be a time of renewal and transformation for us all, as we seek to slow down, be mindful, and live out God's love in our lives and in our world.

Blessings,  
Pastor Adam

# Shrove Tuesday and Thank You

Shrove Tuesday was a great success. Beginning at 6:00 P.M., with dinner at 6:30 P.M., dinners were welcomed to a bountiful dinner and a time of great fellowship.

Special thanks goes to the Hospitality Committee and LCW for organizing and planning this year's Shrove Tuesday dinner. From the beautiful and timely decorations, to the delicious menu, it was obvious to all who attended that great time and effort was devoted to making this special event a big success for our Lord of Life family.

## Bingo is Coming

Come join us for Bingo and a Potluck dinner on March 17 at 6:00 P.M. Not only will we celebrate St. Patrick's Day, but Fellowship Hall will once again waft with the delicious aroma of delicious potluck dishes and resound with the call of numbers by Pastor Adam. A free will offering will be held. Plan to join the fun.

## DID YOU NOTICE? DID YOU SEE?

What a joy to know that all of our plastic bag collecting has come to fruition! Our new garden bench is here. It is just waiting for the weather to allow the Property Committee to install it adjacent to the children's playground.

But, there is more good news. Our plastic bag collecting marches on, and we already have 250 pounds collected toward another bench. So, admire our current bench, and keep collecting that plastic so our new bench will soon have a brother or a sister.



## Lunch Bunch

In March, we will meet at Ki's 705 North Ave. Glendale Heights, on Tuesday, March 14th, at 11:30 am. If you are interested in attending, please RSVP to Leona Breede at 630-254-8584 or Marilyn Sells at 630-927-9996.

## Senior Spirits

Senior Spirits met on Thursday the 16th and had an enjoyable afternoon of playing Bingo with Pastor Adam calling the numbers and we had prizes!

We also had a nice Potluck luncheon! The next Senior Spirits meets on Thursday March 16th at noon for Potluck and a Speaker from the Darien Garden Club! Hope to see you on the 16th. Everyone is welcome! Any questions please call Marilyn at 630-927-9996.



Do not be overcome by evil, but overcome evil with good. **Romans 12:21**



## Committee Reports

**LCW** – The LCW met on Friday, January 6, 2023, to discuss plans for the year. The group decided to go forward with a plan for a Shrove Tuesday Sloppy Joe dinner on February 21, 2023. A Shrove Tuesday planning meeting will be held on Sunday January 22, 2023 at 11 a.m. to finalize plans for the dinner. It was decided to have a signup sheet for church members to sign up so that the committee will know how many people to plan for. In further discussion, it was suggested that we plan for a Salad Supper in the spring and a picnic in the fall.

**RIC** – The RIC committee met on January 31st with Pastor Adam, Connie Allekian, Andy Buda, Toni Blesy, Janet Kardatzke, Sheila Ruh, Bobbie Sejnost and Sherry Sejnost in attendance. The committee continued to discuss the book *Rescuing Jesus: How People of Color, Women, and Queer Christians are Reclaiming Evangelicalism* focusing on the chapter regarding *Submit No More*, which focused on how women often faced submission in many ways.

The next meeting will be held on March 7th to discuss the next chapter, *Coming Out*. Future considerations of the committee will focus on visiting churches to become familiar with how people of color, and queer Christians worship and developing a message that welcomes and affirms all people in regard to their gender expression, gender identity, and sexual orientation.

## Council Highlights

- The 2023 Lord of Life budget was approved
- Blanket approval for a free will offering was granted for any potluck event held at Lord of Life Church.
- Ushering training is scheduled for February 5th after the service. The ushering protocol will be reviewed, updated and printed for distribution at the meeting.
- Comfort Dogs will visit on February 12 h. A free will offering for the dogs will be held.
- Feed My Starving Children will be held on 4/22/2023 from 4:30 P.M. to 6:15 P.M.

Council Recognitions for the Month are :

- Marilyn for the efforts in maintaining Senior Spirits and contacting the Comfort Dogs
- Sunday school teachers for preparing lessons.

## Pictures Throughout the Month





Guide me in your truth and teach, for you are God my Savior, and my hope is in you all day long. **Psalm 25:5**



**2023 Council Members**  
 Judy Padera - Council President  
 Art Kardatzke - Council Vice President  
 Roberta Sejnost - Council Secretary, RIC  
 Connie Allekian - Stewardship  
 Arlene Danielson - Finance  
 Elsy Eggert - Children and Hunger  
 Ron Mata - Property  
 Debbie McNichols - Hospitality  
 Elanie Sherman - LCW  
 Sherry Sejnost - Evangelism  
 Marilyn Sells - Worship and Music  
 Alice Tangorra - Hospitality  
 Pastor Adam - Christian Education, Vision, Social Ministry

## March 2023

SUN 26	MON 27	TUE 28	WED Mar 1	THU 2	FRI 3	SAT 4
<ul style="list-style-type: none"> <li>● 10am Worship Service</li> <li>● 11am Christian Educat</li> <li>● 2pm Loving Word Servi</li> </ul>	<ul style="list-style-type: none"> <li>● 2pm FSS Technologies</li> </ul>	<ul style="list-style-type: none"> <li>● 5:15pm OA</li> <li>● 7pm Church Council</li> <li>● 7pm Troop 56</li> </ul>	<ul style="list-style-type: none"> <li>● 10am Bible Study</li> <li>● 7pm AA</li> <li>● 7pm Holden Evening Pi</li> </ul>		<ul style="list-style-type: none"> <li>● 9:30am Card Group</li> </ul>	<ul style="list-style-type: none"> <li>● 9am SDA</li> </ul>
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